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With support from :



Memphrémagog MRC—from February 1 to 29, 2012



In collaboration with:



CENTRE D'ORIENTATION ET DE RECHERCHE D'EMPLOI

Voir l'avenir autrement

Centre de santé et de services sociaux de Memphrémagog



Feb
3

JOB SEEKERS BREAKFAST—IN ENGLISH

Description: Free breakfast in a pleasing atmosphere in the form of small roundtables featuring information to make job seeking and going back to school easier. Representatives of JobLinks, CORE, the Pré-retour service provided by the CJE Memphrémagog and the New Horizons Centre will be on-site to present their services.

Location: Memphremagog Community Learning Centre/ Princess Elizabeth Elementary School, 120 Bellevue West, Magog

Date and time: Friday, February 3, 9:00 to 11:00 a.m.

Information: 819-566-7228 or info@cedec.ca (please confirm your attendance at least four days in advance)

Organizers: Comité de lutte à la pauvreté Memphrémagog, CEDEC, and Memphremagog Community Learning Centre/ Princess Elizabeth Elementary School

Feb
4

CAREER DAY—BILINGUAL ACTIVITY

Description: Youth from the MRC will have the opportunity to visit five different businesses in Potton. The group will be divided into three teams that will meet representatives from the businesses for a question period and will then report back on what they have learned. A snack will be available to the participants.

Location: Maison des Jeunes de la Missisquoi-Nord, 282, Main Street, Mansonville

Date and time: Saturday February 4, 9:00 a.m. to 1:00 p.m.

Information: Mable Hastings, 450-292-4886 (please confirm your attendance)

Organizers: Municipalité de Potton and Maison des Jeunes de la Missisquoi-Nord

Feb
4

INFORMATION ON S.A.D.D., FYI, AND KATIMAVIK—BILINGUAL ACTIVITY

Description: The Students Against Destructive Decisions group and Former Youth Involvement invite the Katimavik team to present volunteering opportunities and trips to the youth in the Potton Township. The three groups will report back on what they have learned.

Location: Maison des Jeunes de la Missisquoi-Nord, 282 Main Street, Mansonville

Date and time: Saturday February 4, 9:00 a.m. to 1:00 p.m.

Information: Mable Hastings, 450-292-4886 (please confirm your attendance)

Organizers: Municipalité de Potton and Maison des Jeunes de la Missisquoi-Nord

Feb
6

IDENTIFY YOUR SKILLS TO MAKE A BETTER CHOICE IN THE JOB MARKET (for all ages)

Description: Group sessions to help participants identify their interests, labour skills and values in order to figure out which work place, profession or project will give them a sense of fulfilment. The participants must attend all four meetings.

Location: Carrefour Jeunesse-Emploi Memphrémagog, 95 Jean-Paul II Street

Dates and time: Mondays February 6, 13, 20 and 27, 9:00 to 11:30 a.m.

Information: 819-843-3007

Organizer: CJE Memphrémagog

Feb
7

GROUP SESSIONS ON TRAINING MEASURES AND JOB PROSPECTS

Description: Explanation of the training measures, requirements, and potential sources of financial support. Overview of job market data available on Emploi-Québec's website, how to access it and how to use it.

Location: Centre local d'emploi, 1700 Sherbrooke Street, Suite 235 A (Galeries Orford), Magog

Dates and time: February 7 and 21, 9:00 to 10:30 a.m.

Information: 819-843-6588 extension 281 (please confirm your attendance 48 hours in advance)

Organizer: Centre local d'emploi de Magog

Feb
8

RÉSUMÉ AND INTERVIEW PREPARATION FOR THE JOB SPEED DATING IN MAGOG

Description: Group sessions on how to write a résumé and present it in an interesting and positive way. Tips and advice on how to do well in an interview, how to relieve stress, how to behave, the first 15 seconds, how to sell yourself, etc.

Location: Centre local d'emploi, 1700 Sherbrooke Street, Suite 235 A (Galeries Orford), Magog

Dates and time: February 8 and 14, 1:30 AND 3:00 p.m.

Information: 819-843-6588 extension 281 (please confirm your attendance 48 hours in advance)

Organizers: Centre local d'emploi, Centre d'orientation et de recherche d'emploi de Magog, and CJE Memphrémagog

Feb
10

JOB SEEKERS BREAKFAST

Description: Free breakfast (roundtable format) in a pleasant atmosphere featuring information that will make job seeking and the return to school easier. Representatives of JobLinks, CJE Memphrémagog, CORE, CLE de Magog and Service d'accueil de référence de conseil et d'accompagnement (SARCA) from the Commission scolaire des Sommets will be on-site to present their services.

Location: Centre d'éducation des adultes de Magog (cafeteria), 277 Saint-Patrice Street West

Dates and times: Friday February 10 and 24, 9:00 to 11:00 a.m.

Information: 819-843-2292 extension 2356 (please confirm your attendance 4 days in advance)

Organizers: Comité de lutte à la pauvreté Memphrémagog and SARCA

Feb
13

SHOW AND EXCHANGE WITH ALEXANDRE POULIN (students from la Ruche only)

Description: Teacher by trade, Alexandre Poulin, a singer-songwriter-composer, will speak to the students. He will sing "L'écrivain acoustique" whose topic is persistence in school.

Location: École secondaire de la Ruche, 1255 Des Étudiants Blvd (public place), Magog

Date and time: February 13, 12:45 to 4:00 p.m.

Information: 819-843-1343 extension 19057

Organizer: École secondaire de la Ruche

Feb
14

RÉSUMÉ AND INTERVIEW PREPARATION FOR THE JOB SPEED DATING IN MAGOG (see description on February 8th)

Feb
15

PANEL COMPOSED OF EMPLOYERS AND JOB SEEKERS—BILINGUAL ACTIVITY

Description: Three employers from different job sectors will exchange on themes such as the labour market, recruiting staff and worker profile they look for. Lunch will be served on site. Limited seats.

Location: Centre d'orientation et de recherche d'emploi de Magog, 59 Centre Street, Magog

Date and time: Wednesday February 15, 11:30 a.m. to 1:30 p.m.

Information: 819-843-3001 (please confirm your attendance)

Organizer: CORE

Feb
15

JOB BLITZ (RUBBER, PLASTICS, AND COMPOSITES)

Description: Businesses from the Eastern Townships operating in the rubber, plastics and composites sectors will interview job seekers to fill positions in their businesses. On site: Service d'accueil de référence de conseil et d'accompagnement (SARCA) information booth, prior learning and skills recognition, video clips and a booth where applicants who have not met with employers will be able to leave their résumés.

Location: Centre intégré de formation industrielle, 520 Poirier Blvd, Magog

Date and time: Wednesday February 15, 2:00 to 7:00 p.m.

Information: 819-868-1808

Organizer: CIFI

Feb
17

JOB SEEKERS BREAKFAST IN STANSTEAD—BILINGUAL ACTIVITY

Description: Free breakfast (roundtable format) in a pleasant atmosphere featuring information that will make job seeking and the return to school easier. Representatives of JobLinks, CLE de Magog, Service d'accueil de référence de conseil et d'accompagnement (SARCA) de la CS des Sommets, CJE Memphrémagog and the mayor of Stanstead will be on-site.

Location: Habitation Place Stanstead, 19 Colbycroft Street

Date and time: Friday February 17, 9:00 to 11:00 a.m.

Information: 819-876-7181 (please confirm your attendance at least four days in advance)

Organizers: Comité de lutte à la pauvreté Memphrémagog and Comité d'employabilité de Stanstead

Feb
20

TO BE AN ENTREPRENEUR: A LIFE CHOICE!

Description: Do you dream of owning your own business? Come and listen to Annie Goyer's experience as an entrepreneur who owns l'Écurie des Diligences. Her testimony will be given during a noon-hour conference in the offices at the MRC de Memphrémagog. Limited seats. Mandatory registration.

Location: Salle du conseil at the MRC de Memphrémagog, 455 MacDonald Street, Magog

Date and time: Monday February 20, 12 to 1:30 pm

Information: 819-843-8273 extension 221 (please confirm your attendance)

Organizer: Centre local de développement de la MRC de Memphrémagog

Feb
21

GROUP SESSIONS ON TRAINING MEASURES AND JOB PERSPECTIVES (See February 7 description)

Feb
23

JOB SHADOWING AT THE CSSS DE MEMPHRÉMAGOG

Description: A three-hour workplace job shadowing program in fields that will be in demand in the next few years at the Centre de santé et de services sociaux de Memphrémagog (CSSSM) for adults in a career guidance process. The accompanying organisation must lead the "students" in their application before February 14, 2012.

Location: Centre de santé et de services sociaux de Memphrémagog, 50 St. Patrice Street East, Magog

Date: Thursday, February 23

Information: 819-843-2292 extension 2362

Organizer: Centre de santé et de services sociaux de Memphrémagog

Feb
24

JOB SEEKERS BREAKFAST IN MAGOG (See February 10 description)

Feb
24

JOB SHADOWING IN THE CITY OF MAGOG

Description: Job shadowing in a work place designed for adults' career counselling process in fields that will be in demand in the next few years at the CSSSM. The "students" will be selected in advance.

Location: City Hall, Community Centre, Library, and Public Works Centre

Date and time: Friday February 24, 8 a.m. to 12 p.m.

Information: 819-843-6517 extension 337

Organizer: City of Magog

Feb
25

JOB SPEED DATING IN MAGOG—3RD ANNUAL EVENT

Description : Job seekers of all ages are encouraged to do a 5-minute interview with employers from the Memphrémagog MRC to fill the many positions available in various sectors of activities. Accessible to all - a "job wall" on which many employment opportunities will be posted. Attend the conference on "How to Take Back Control of Your Job Search" (see the next description).

Location: École secondaire de la Ruche, 1255 Des Étudiants, Magog

Date and time: Saturday February 25, 10 a.m. to 3:00 p.m.

Information: 819-843-3007 extension 224 or www.cjememphremagog.qc.ca (specifics on positions to be filled and attending employers) **Organizer:** Carrefour Jeunesse-Emploi Memphrémagog



**Feb
25**

HOW TO TAKE BACK CONTROL OF YOUR JOB SEARCH (conference given during the job Speed dating activity)

Description: Most job seekers apply on job opportunities they found through the newspaper or the Internet. Only 20% of jobs are communicated this way. The hidden job market comprises 80% of available positions. So how can they be found?

Location: École secondaire de la Ruche, 1255 des étudiants (public place), Magog

Date and time: Saturday February 25, 11:30 a.m. AND 1:30 p.m.

Information: 819-843-3001

Organizer: Centre d'orientation et de recherche d'emploi de Magog

**Feb
28**

CAREER PATH EXPLORATORY ACTIVITY (students from la Ruche only)

Description: Students will have the opportunity to meet guest speakers who will speak about their professions in the cultural sector. Level 4 and 5 students will be able choose from one or two 60-minute workshops according to their interest and featured trades.

Each workshop will feature three different trades.

Location: École secondaire de la Ruche, 1255 des étudiants Blvd, Magog

Date and time: Tuesday February 28, 9:10 to 11:40 a.m.

Information: 819-843-1343 extension 19057

Organizer: École secondaire de la Ruche

**March
28**

RÉSUMÉ AND INTERVIEW PREPARATION FOR THE SALON PRIORITE-EMPLOI IN SHERBROOKE

Description: Group sessions on how to write a résumé and present it in an interesting and positive way. Tips and advice on how to do well in an interview, how to relieve stress, how to behave, the first 15 seconds, how to sell yourself, etc.

Location: Centre local d'emploi, 1700 Sherbrooke Street, Suite 235 A (Galleries Orford), Magog



Date and time: Tuesday March 27, 1:30 p.m.

Information: 819-843-6588 extension 281 (please confirm your attendance 48 hours in advance)

Organizers: CLE, CORE and CJE Memphrémagog

Calendar of events

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	Job seekers breakfast in english ³	Career day ⁴ Info on S.A.D.D., FYI and Katimavik
⁵	Identity your skills ⁶	Group sessions ⁷	Résumé and interview preparation ⁸	⁹	Job seekers breakfast ¹⁰	¹¹
JOURNÉES DE LA PERSÉVÉRANCE SCOLAIRE Du 13 au 17 février  ¹²	Show with Alexandre Poulin  ¹³	Résumé and interview preparation  ¹⁴	Panel of employers Job Blitz  ¹⁵	¹⁶ 	Job seekers breakfast in Stanstead  ¹⁷	¹⁸
¹⁹	To be an entrepreneur: a life choice! ²⁰	Group sessions ²¹	²²	Job shadowing ²³	Job seekers breakfast ²⁴ Job shadowing	Job Speed dating ²⁵ How to take back control
²⁶	²⁷	Career path exploratory activity ²⁸	²⁹		March 28 : Résumé and interview preparation	

For general information, visit:

www.cjememphremagog.qc.ca or call 819 843-3007 ext 221